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St Benedict Parish



stbenedictparishetobicoke

Our parish weekly bulletin continues to be available digitally on our parish website: www.stbenedicts.ca

WEEKLY BULLETIN



Life in the Spirit Webinar

FREE: Six Sessions / 8:00 pm

Thursdays: February 15, 22, 29, Mar 7, 14, 21

Invite a friend or relative or even your faith sharing group!

The webinar link will be sent to your inbox within 48 hours.

Registration Required:

Life in the Spirit Webinar: Magnificat-Ministry.org

Celebrate
St. John Bosco

Wednesday January 31

Mass 8:00 am

Eucharistic Adoration

2:00 pm—3:00 pm in church



MAKE IT A FAMILY MOVIE NIGHT

As the feast of St. John Bosco approaches on January 31, consider celebrating one of our great parish patron saints with a family movie night! Serve your family's favourite munchies, get comfy and watch one of these two recommended videos on the life of St. John Bosco.



St. John Bosco: Mission to Love

(Length: 3:16)

<https://watch.formed.org/saint-john-bosco-mission-to-love>



Don Bosco: The True Story of the Apostle of Youth

(Length 1:47)

<https://watch.formed.org/don-bosco-the-true-story-of-the-apostle-of-youth>

SIGN UP FOR FORMED

Go to formed.org/signup

1. Select: I belong to a Parish or Organization
2. Under Find your Parish or Organization,
3. TYPE: St. Benedict 2194 Kipling Ave. Etobicoke, ON
4. Create a New Account: Complete your Name and Email Address
5. Click: Sign Up
6. Check that email account for a link to begin using FORMED



Mass

with the

Sacrament of the Anointing of the Sick
and

Blessing Prayer for Caregivers

for those who work as health care professionals,
those who care for the sick: family members, friends

Tuesday February 13 / 10:00 am

in church

Understanding the Sacrament of the Anointing of the Sick:
The Healing Sacrament of the Living

HOW IS THIS SACRAMENT CELEBRATED?

Before the moment of anointing, the priest first lays hands in silence on the head of the person who is receiving the sacrament. The priest then anoints the forehead and hands of the sick person with blessed oil and offers a prayer of faith. Family members and other members of the Christian community are encouraged to be present at the time of the celebration of the sacrament to offer their loving support. The Sacrament of the Anointing of the Sick may be celebrated in a person's parish church either as part of the Eucharist. It may also be celebrated in the home, a hospital or nursing home.

WHAT IS THE SACRAMENT OF THE ANOINTING OF THE SICK?

The Sacrament of the Anointing of the Sick is especially intended to strengthen those who are suffering serious illness. It is offered to support, encourage and comfort all those who are seriously ill. Participation in the celebration of this sacrament offers those who are sick an opportunity to open themselves to the healing power of God's grace and to continue to grow in wholeness. In this sacrament, we meet Jesus who heals and consoles us by giving us the Holy Spirit. The Risen Lord comes to strengthen us in body, mind and spirit during our time of illness.

WHO SHOULD CELEBRATE THE SACRAMENT OF THE ANOINTING OF THE SICK?

Those who are elderly and whose frailty is becoming more pronounced. Those adults and children who are suffering from a major illness, are facing surgery, serious medical tests or have suffered a serious accident. Those who suffer from chronic illness such as arthritis or diabetes, or who suffer from a serious mental illness. There is a need for those who are gravely ill to have expressed a desire, or by their lives to have demonstrated, that celebrating this sacrament would be important to them. It is not enough for family members or hospital staff to desire it on the sick person's behalf. It is important to try to ensure that those who are sick and those around them understand the significance of the Sacrament of the Anointing of the Sick as a sacrament of healing and are prepared to celebrate it well.

For more information, click here:

<https://www.archtoronto.org/siteassets/media/offices--ministries/subsites/world-day-of-the-sick/understanding-the-sacrament-of-the-anointing-of-the-sick---english.pdf>

Rite of Illumination for 1st Communion Candidates

February 3 / 5:00 pm Mass and February 4 / 12:45 pm Mass

The Rite of Illumination takes place after the homily.



<https://www.cfstoronto.com>

• Breathing Space Online Caregiver Program

You don't have to be alone.

Objectives:

Breathing Space is an open 6-week support group to learn skills, develop coping strategies, and provide you support and resources in a safe, welcoming, and non-judgmental environment.



Psychoeducation Topics:

1. Maintaining Emotional Balance (Feb 7, 2024)
2. Living a Wholehearted Life While Dealing with Chronic Illness (Feb 14, 2024)
3. I Matter Too: Caregiver Stress and Family Relationships (Feb 21, 2024)
4. Healthcare Resources and System Navigation (Feb 28, 2024)
5. Coping with Illness, Maintaining Independence, and Self Care (Mar 6, 2024)
6. Handling Pain and Suffering; Bereavement and Grief (Mar 13, 2024)

Time: Wednesdays, 2pm - 3pm

Online groups on Zoom

For further information and to register, please contact Corina Sumaway

Email: csumaway@cfstoronto.com / Phone: 416-921-1163 ext. 2230

Catholic Family Services of Toronto is a Catholic Charities member agency supported by:



Archdiocese
of Toronto



MASS SCHEDULE & INTENTIONS

To request a mass intention, contact Susan:
spersesso@stbenedicts.ca/416-743-3830 X0

Monday, January 29

8:00am Anka Bilic by Mara Lozancic

Tuesday, January 30

8:00am Thomas McGlynn by Nellie McGlynn

7:30pm Deceased members of the Sarnese family by Giuseppina Sarnese

Wednesday, January 31

8:00am Amedeo Amato by Louisa Amato

Thursday, February 1

8:00am Maurice, Gretta & Jim Fay by Mary Fay

Friday, February 2

8:00am Living Intention for Maria Giannantonio by Jake & Teresa

7:30pm Mario D'Andrea by Aldo & Marisa D'Andrea

Saturday, February 3

8:00am Alex Jamieson by Betty & family

5:00pm Diane & Barris Lahaise by Pat & Doug Tarsay

Sunday, February 4

8:00am Mara Lozancic by Marjana Barisic Stanizzo

9:30am Natalizia Stanizzo by family (Ital/Ch)

9:30am Diego Noto by Diego & Diane (Eng/Hall)

11:00am For the People

12:45pm Sheila & Angela by family

Last Week's Collection

Sunday Offering (envs & loose only): \$5,578

Initial Offering (envs only): \$ 385

Feast of Santo Niño (loose only): \$ 495

PAG (Pre Authorized Giving) Jan 20, 2024 \$6,794

Thank you for your ongoing generous support!



LIFT JESUS
HIGHER RALLY

MARCH 2, 2024



Jesus Image by Brent Borup

TAKE HEART: BY HIS WOUNDS WE ARE HEALED
COME EXPERIENCE WHY THOUSANDS RETURN EACH YEAR!

METRO TORONTO CONVENTION CENTRE
For more info or tickets: www.ljhr.ca
✉ contact@ljhr.ca | ☎ 647.873.1753

ADULT RALLY
\$30

YOUTH RALLY
\$15

ATTENTION Users of Pink Visitors' Donation Envelopes

Please write your name,
address (including postal
code) and phone number on
the envelopes you place in the
collection basket.

This will allow us to register you
properly as the user of a
particular numbered box
of envelopes.

**KINDLY PICK UP YOUR
2024 SUNDAY ENVELOPES**
at the main
church entrance
**AVAILABLE & SORTED IN
ALPHABETICAL ORDER**