Our parish weekly bulletin continues to be available digitally on our parish website: www.stbenedicts.ca

WEEKLY BULLETIN



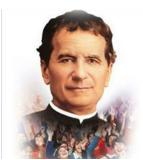
The Feast of St. John Bosco **Tuesday January 31** 

8:00 am

Homilist Deacon Doug McManaman, Salesian Cooperator

7:30 pm

Presided by Auxiliary Bishop Joseph Dabrowski, of the Diocese of London, ON



# Rite of Illumination for 1<sup>st</sup> Communion Candidates

If your child's last name begins with A-L Saturday February 4 / 5:00 pm Mass

Sunday February 5 / 12:45 pm Mass

The Rite of Illumination takes place after the homily.

# If your child's last name begins with M-Z

# The Experts in Humanity **Project**

with Dr. Josephine Lombardi

For men and women, 18+

Next Course Starts on **Tuesday February 21** 

This course will be 100% virtual so participants can watch videos at their own pace with optional ZOOM check ins with Dr. Josephine Lombardi.



# This "watch at your own pace" course covers the following topics and more:

- Factors that influence human behaviour
- Conflict and communication skills
- Trauma
- Family of origin issues/relationship dynamics
- Coping skills
- Virtuous leadership
- Faith formation

Links to videos and accompanying handouts will be sent to your in box closer to the start date.

For more information and to register:

https://josephinelombardi.com/the-experts-in-humanity-project/

"Be the person you needed when you were younger." Aisha Siddiqui

# Mass

with the

# Sacrament of the **Anointing of the Sick**

# **Blessing Prayer for Caregivers**

for those who work as health care professionals, those who care for the sick: family members, friends

# Thursday February 9 / 11:00 am

in church

Understanding the Sacrament of the Anointing of the Sick: The Healing Sacrament of the Living

# WHAT IS THE SACRAMENT OF THE ANOINTING OF THE SICK?

The Sacrament of the Anointing of the Sick is especially intended to strengthen those who are suffering serious illness. For a long time, this sacrament was celebrated only with people who were dving and for this reason came to be known as "last rites." It was meant to give them strength to face death. But today, it is offered to support, encourage and comfort all those who are seriously ill. Participation in the celebration of this sacrament offers those who are sick an opportunity to open themselves to the healing power of God's grace and to continue to grow in wholeness. In this sacrament, we meet Jesus who heals and consoles us by giving us the Holy Spirit. The Risen Lord comes to strengthen us in body, mind and spirit during our time of illness.

# WHO SHOULD CELEBRATE THE SACRAMENT OF THE **ANOINTING OF THE SICK?**

Those who are elderly and whose frailty is becoming more pronounced. Those adults and children who are suffering from a major illness, are facing surgery, serious medical tests or have suffered a serious accident. Those who suffer from chronic illness such as arthritis or diabetes, or who suffer from a serious mental illness. There is a need for those who are gravely ill to have expressed a desire, or by their lives to have demonstrated, that celebrating this sacrament would be important to them. It is not enough for family members or hospital staff to desire it on the sick person's behalf. It is important to try to ensure that those who are sick and those around them understand the significance of the Sacrament of the Anointing of the Sick as a sacrament of healing and are prepared to celebrate it well.

# THE GRACES OF THE SACRAMENT OF THE ANOINTING OF THE SICK

Those who are seriously ill may desire healing in many different ways. They may feel anguish and they may fear being abandoned by God. Prayer can become difficult. Those who are sick might feel forgotten or think that they have become a burden for others. God's grace in this sacrament brings peace and courage to those who suffer serious illness or the frailty of old age. The power of the Holy Spirit, present in this sacrament, touches the whole person, not just the body or the soul. There is no magical result. The comfort and the release of stress, which the sacrament brings, help bring healing to both body and soul. Trust and faith in God are renewed and those who suffer are reminded of their dignity and worth.

# For more information, click here:

https://www.archtoronto.org/siteassets/media/offices--ministries/subsites/world-day-of-the-sick/understanding-the-sacrament-of-theanointing-of-the-sick---english.pdf









Please join us for our next Mother's Group meeting



Wed. Feb. 1 7-8:30 pm St. Benedict Parish Hall (basement)

# Emotional Intelligence and the Christian Faith

Learn about Emotional Intelligence and how it relates to our Christian faith, how you can develop it as a mother and live it in your home

Speaker: Nathalie Bedros D'Andrea

Sunday Offering (envelopes & loose only):

6,496

Thank you for your ongoing generous support!

# MASS SCHEDULE & INTENTIONS

To request a mass intention, contact Susan: speresso@archtoronto.org /416-743-3830 X0

Monday, January 30 8:00am Elsie Proskin by daughter & family

# Tuesday, January 31

8:00am Amedeo Amato by Louisa 7:30pm Giovanni Di Marino by Concetta & family

Wednesday, February 1
8:00am Deceased Salesian Confreres by Salesians of Don Bosco
7:30pm Memorial Mass - Donata Rocco

Thursday February 2 8:00am Maurice, Gretta & Jim Fay by Mary Fay

First Friday, February 3 8:00am Alex Jamieson by Betty & family 7:30pm Sheila Ramsingh by family

## Saturday, February 4

Mara Lozancic by Mirjana Barisic Elsie Proskin by daughter & family 5:00pm

# <u>Sunday, February 5</u>

Mara Lozancic by Lozancic family Remo Evangilisti by wife & family (Ital/Ch) 9:30am

9:30am For the People (Eng/Hall) 11:00am Maria Fung by Clara 12:45pm Angiolina & Domenico Jannetta by Susan Pietrangelo

# Pray for the Dead

Riccardo Colosimo & Johanna McKeown

# YOU'RE ALL INVITED!



# TAX RECEIPTS YEAR 2022: Mailed to Your Home

Again, this year, St. Benedict has taken advantage of the opportunity offered by the Archdiocese of Toronto Parish Purchasing Programme to have our Tax Receipts printed and mailed to all our parishioners. You will receive your tax receipts by mail on or before February 6th, 2023.